

2008

YEAR IN REVIEW

Review and reflect on the progress you have made this past year and answer the following questions

What did I learn? (Skills, knowledge, insights, takeaway value)

What were the most significant accomplishments/achievements of the past year? List the top three for business, personal & family.

Business:

Personal:

Family:

What were the most significant events of the last year? List the top three.

What did I do right and feel especially good about?

What would I do differently and why?

What were the most fun things that I did?

What were the not-so-fun things that I did?

What was my great contribution?

What energy leaks did I release or let go in the last year?

What were the greatest sources of stress in my life?

What new behaviors/habits did I establish?

What new capabilities did I create or acquire? List the top three for business and personal.

Business:

Personal:

What strategic relationships did I establish or build upon?

What were my biggest challenges/obstacles/difficulties?

How am I different this year than last?

What am I most grateful for?
